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TORAH JOURNEYS: THE INNER PATH TO THE PROMISED LAND BY RABBI SHEFA GOLD

ADVANCE PRAISE

“Even old places and familiar texts we thought we knew come alive again in this book of substance and deep spiritual refreshment. Here experience takes precedence over tired and literal dogmatic pronouncements and life comes alive again. ”

Theologian **Matthew Fox**

Author of *A New Reformation: Creation Spirituality and the Transformation of Christianity*

“A remarkable book of profound depth. It has taught me much, drawing as the author does from the wells of different faith traditions in her life. Rabbi Shefa Gold is adept at teaching us how to grow spiritually using the Torah as the inexhaustible source. Please read this book if you too want to grow.”

Archbishop Emeritus **Desmond Tutu**

“What Rabbi Gold has done is bring Torah into the heart.

If you dare be addressed by God -- read it. If you dare be transformed by God -- practice it.”

Rabbi **Rami Shapiro**

Author of *The Divine Feminine*

"Deep study and contemplation went into the writing of this work. Reb Shefa takes you into the House of Study of the heart and the soul and in this way engages the sacred creativity of the spirit.

"Reading her Torah teachings one becomes attuned to the voice of the Shekhinnah, the feminine aspect of God which brings needed healing to our wounded world."

Reb Zalman Schachter-Shalomi

Co-author of *Jewish With Feeling* and *Credo Of A Modern Kabbalist*

"*Torah Journeys* is a beautiful gift for Torah teachers and students alike.

In it, Rabbi Gold opens each Torah portion in profound, new ways, pointing the way for us to find the Torah's most usable blessings, spiritual challenges, and sustainable practices for our own journeys. In *Torah Journeys*, Torah becomes a mirror for our lives and a tool for personal transformation."

Rabbi Tirzah Firestone,

Jungian Therapist and Author of *The Receiving: Reclaiming Jewish Women's Wisdom* and *With Roots in Heaven: One Woman's Passionate Journey Into The Heart of Her Faith*

"No other contemporary I know presents Scripture as so hands-on-accessible a tool for transforming personal suffering into happiness as this one does. By offering so generously of her own life experience, Rabbi Gold--in a voice that is authoritative, hopeful, witty, knowledgeable, gracious and humble--provides a model that readers across the boundaries of religious lineages and at all levels of religious education can use to change their own lives."

Sylvia Boorstein,

Author of *It's Easier Than You Think: The Buddhist Way to Happiness*

"Rabbi Shefa Gold has a marvelous talent to touch a reader's soul through contemplative insights and practices that resonate at the core of one's being.

Her book, *Torah Journeys* is a wonderful opportunity to discover the depths of Jewish wisdom teachings through the guidance of a teacher who brings a perfect combination of heartfulness and skillfulness along with a passion for profound spiritual inquiry."

Rabbi David A Cooper,

Author of *God is a Verb*

"The very word "torah" is from the ancient Hebrew vocabulary of archery. It means not the bull's eye, not the archer, not the arrow, but the process of aiming. This is what Rabbi Shefa Gold has given us -- the truthful, artful aiming at the soul within. Within the Torah, and within each reader."

Rabbi Arthur Waskow,

Co-author, *The Tent of Abraham*; author, *Godwrestling — Round 2*;

Director, The Shalom Center